

# Highland Happenings

Week 9: Nov. 6th-10th, 2023



## Message from the Principal

Hello everyone!

We had so much fun this week with Halloween and our Pumpkin Parade. The kids enjoyed showing off their costumes and checking out all the decorated pumpkins.

We are noticing that there is a 'sugar high and sugar low' happening because of the amount of Halloween candy coming to school. Hopefully they eat it all over the weekend 😊 but if not, please limit these sugary snacks coming to school to 1-2 treats.

Have a wonderful weekend!

Kerry

## Cold Weather and Independence

Now that the weather is turning colder, it is very important that you send your children with warm clothes. Many of our younger students are coming without hats and mittens, and they are finding outside playing time to be very uncomfortable. Labeling your child's clothes also helps to ensure they get back to them.

Many of our younger students need to learn to zip up their coats and put on their boots. While staff are always happy to help, children need to learn to dress themselves and make sure they are prepared and warm when they go outside.

**How can you help?** Leave enough time before you have to leave the house to allow your child to dress themselves to go outside (this is good practice for them), spending some time practicing



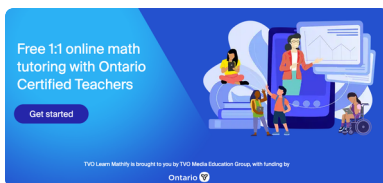
like to donate any to the classroom they would be greatly appreciated.

## November Month of Kindness

Heads Up for Inclusion Peterborough is running a 30 Days of Kindness Challenge. See the calendar below for some ideas.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Students</b>			1 Compliment your teacher	2 Help a family member with their chores	3 Visit 5 Counties ARTISANity showcase @ Ptbo Square	4 Leave a snack for an animal preparing for winter (e.g. bird food/ nuts, bread)
5 Donate a book to the mini library	6 Tell a joke to brighten someone's day	7 Sit with a lonely classmate at lunch	8 Help a friend with homework.	9 Clean litter at the park	10 Give old clothes to a donation center	11 Share a moment of silence with your family for Canadian soldiers
12 Offer to take out the garbage & recycling	13 Leave only positive comments on social media	14 Leave a nice note on someone's desk	15 Share an uplifting song	16 Recreate an old photo with your siblings, for your parents.	17 Go for a walk on a nature trail	18 Visit the Alternatives Community Market
19 Shovel your neighbour's driveway.	20 Deliver a care package to someone in need	21 Call a relative just to check in.	22 Clean your room without being asked.	23 Look in the mirror and say three positive things about yourself	24 Send a nice surprise to someone in the hospital	25 Shop the farmers market at Morrow Park
26 Help make a meal at home.	27 Hold the door for someone.	28 Giving Tuesday: Donate to a local charity	29 Stand up for someone who is being bullied	30 Donate to a toy drive		

## TVO Mathify



If your child is struggling with math in grades 4-12, this free individual math tutoring with Ontario Certified Teachers might help. Check out the [TVO Mathify website here.](#)

## Vocabulary Word of the Week

Our Mystery word hints this week were:

- The **Mystery Word** is a six letter noun that begins with an 'l' and is a word that names something from the past
- It is similar to *heritage, inheritance or tradition*
- It is not similar to *disown, dispossess, or loss*



Do you have any guesses as to what the word might be? Ask your child if you are right!

## Week-At-A-Glance

### Week 9 : Nov. 6th - 10th, 2023

<b>Monday</b> Nov. 6th Day 2	<b>Tuesday</b> Nov. 7th Day 3	<b>Wednesday</b> Nov. 8th Day 4	<b>Thursday</b> Nov. 9th Day 5	<b>Friday</b> Nov. 10th Day 1
				<b>Remembrance Day Assembly</b>

#### Upcoming Dates:

- Nov. 8th- I Read Canadian Day**
- Nov. 13th- Picture Retake Day**
- Nov. 16th- Ms. Snowball's class to Environment Center**
- Nov. 17th- Progress Reports Home**
- Dec. 11th - Rocks and Rings (grades  $\frac{2}{3}$  and up)**

## Gratitude

Thank you for those of you who have filled out the gratitude survey. I've been copying them and sharing them with the staff on a bulletin board. Please continue to share those with me so that I can help the staff understand just how much they are appreciated! You can use this [google form](#) to share it with me.



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**Kerry Zinkewich**

Kerry is using Smore to create beautiful newsletters

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